

## Child History Form

Please complete this detailed history form and return it to the receptionist. Should you require any assistance, please let us know as we will be happy to assist.

Date : \_\_\_\_\_ Child's Name: \_\_\_\_\_ ( ) M ( ) F DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Mother: \_\_\_\_\_ Father: \_\_\_\_\_ Legal Guardian: \_\_\_\_\_

Best Phone: \_\_\_\_\_ ( ) cell ( ) Home SS NO.: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_ @ \_\_\_\_\_ .com

Email or  Text me appointment reminders: IF different # or email from above: \_\_\_\_\_

Who can we thank for referring you? \_\_\_\_\_

Pediatrician Name: \_\_\_\_\_ Last Appt Date: \_\_\_\_\_

Siblings? Names/ages: \_\_\_\_\_

*I hereby authorize and consent to the chiropractic evaluation and care of my child.*

Parent/Guardian Signature: \_\_\_\_\_

**What is your main reason for today's visit?** ( ) Wellness Check ( ) Other:

\_\_\_\_\_

List any other care your child has undergone with regard to this complaint including medications:

\_\_\_\_\_  
\_\_\_\_\_

Date of onset (mm/yyyy): \_\_\_\_\_ Onset was: ( ) Sudden ( ) Gradual ( ) Associated with an event

Duration of problem/episode: (Check one)

\_\_\_\_ ( ) Minutes ( ) Hours ( ) Days ( ) Months ( ) Years

Pattern of Problem: (Check one)

( ) Constant ( ) Intermittent ( ) Occasional ( ) Cyclical

Initiating Factors: \_\_\_\_\_

Aggravating Factors: \_\_\_\_\_

Relieving Factors: \_\_\_\_\_

How does the problem affect your child's body function and daily activities?

\_\_\_\_\_

Prior occurrence or episodes? \_\_\_\_\_

Other health concerns? \_\_\_\_\_

Any known allergies? \_\_\_\_\_

**HISTORY OF BIRTH**

( ) Hospital ( ) Birthing Center ( ) Home ( ) MD/DO ( ) Midwife

**Duration of Pregnancy:** \_\_\_ Weeks **Birth Weight** \_\_\_\_\_ **Birth Length** \_\_\_\_\_ **Hours in labor:** \_\_\_\_\_

Was the birth assisted? ( ) Yes ( ) No If yes, how? ( ) Forceps ( ) Vacuum extraction ( ) C-Section ( ) Induced Labor

Were medications given to the mother at birth? ( ) Yes ( ) No If yes, what? \_\_\_\_\_

Was the delivery 'normal'? ( ) Yes ( ) No If no, what were the complications? \_\_\_\_\_

**Birth Position:** ( ) Head first ( ) Breech ( ) Other: \_\_\_\_\_ APGAR at Birth \_\_\_/10 & after 5 minutes \_\_\_/10  **UNKNOWN**

**GROWTH AND DEVELOPMENT**

Was the infant alert & responsive within 12 hours of delivery? ( ) Yes ( ) No If no, explain \_\_\_\_\_

Are there any apparent delays? \_\_\_\_\_

Are there any suspected delays? \_\_\_\_\_

Sleeps on his/her-choose all that apply: ( ) Back ( ) Stomach ( ) Right side ( ) Left Side ( ) Both sides ( ) Incline ( ) Unknown

Describe any health problems that exist on the mother &/or fathers side of the family? (i.e. cancer, diabetes etc.)  
\_\_\_\_\_

Do the child's siblings have any health problems? ( ) Yes ( ) No If yes, describe: \_\_\_\_\_

*The following information is very important because many of the problems that chiropractors work with are caused by stressors.*

**CHEMICAL STRESSORS**

During pregnancy, did the mother: 1. Smoke ( ) Yes ( ) No 2. Drink alcohol? ( ) Yes ( ) No 3. Drink caffeine? ( ) Yes ( ) No

4. Take Rx/supplements? ( ) Yes ( ) No If yes, what? \_\_\_\_\_ 5. Become ill? If so, how? \_\_\_\_\_

6. Receive ultrasounds? ( ) Yes ( ) No If yes, how many? \_\_\_\_\_ 7. Receive invasive procedures (i.e. amniocentesis, CVS)? ( ) Yes ( ) No

8. Did Mother exercise during pregnancy? ( ) No ( ) Yes 9. Was/IS your child breastfed? ( ) No ( ) Yes, for how long? \_\_\_\_\_

At what age was: Formula introduced? \_\_\_\_\_ Brand? \_\_\_\_\_ Cows milk? \_\_\_yrs/mos Solid foods? \_\_\_\_\_ yrs/mos

Did your child receive vaccinations? ( ) Yes ( ) No if yes, which ones? \_\_\_\_\_ Did your child react to them? ( ) Yes ( ) No

Has your child had antibiotics? ( ) Yes ( ) No If yes, how many & why? \_\_\_\_\_

Any pets at home? ( ) Yes ( ) No Any smokers at home? ( ) Yes ( ) No Childhood illnesses? ( ) Yes ( ) No \_\_\_\_\_

**PSYCHOLOGICAL STRESSORS**

Any difficulties with lactation? ( ) Yes ( ) No Any problems bonding? ( ) Yes ( ) No Avg # hours of TV/electronics per week \_\_\_\_\_ hrs

Any behavioral concerns? ( ) Yes ( ) No if yes, explain \_\_\_\_\_

Does your child have difficulties sleeping ( ) Yes ( ) No If yes, explain: \_\_\_\_\_

**TRAUMATIC STRESSORS**

Any evidence of trauma during birth? ( ) Bruises ( ) Odd shaped head ( ) Stuck in birth canal ( ) Fast &/or excessively long birth ( ) respiratory depression ( ) cord around neck ( ) other \_\_\_\_\_

Any falls/accidents during pregnancy? ( ) Yes ( ) No Has the child had any major falls since birth ( ) Yes ( ) No If yes, did the child need stitches or obtain a fracture? Describe: \_\_\_\_\_

Any hospitalization's? ( ) Yes ( ) No Please explain: \_\_\_\_\_

Is your child involved in any activities (Yoga; Tumbling, etc)? ( ) Yes ( ) No # Hrs/week? \_\_\_\_\_ Age child began \_\_\_\_\_

**Signature of Parent or guardian:** \_\_\_\_\_

# PATIENT CONSENT FORM

The Department of Health and Human Services has established a "Privacy Rule" to help insure that personal health care information is protected for privacy. The Privacy Rule was also created in order to provide a standard for certain health care providers to obtain their patients' consent for uses and disclosures of health information about the patient to carry out treatment, payment, or health care operations.

As our patient we want you to know that we respect the privacy of your personal medical records and will do all we can to secure and protect that privacy. We strive to always take reasonable precautions to protect your privacy. When it is appropriate and necessary, we provide the minimum necessary information to only those we feel are in need of your health care information and information about treatment, payment or health care operations, in order to provide health care that is in your best interest.

We also want you to know that we support your full access to your personal medical records. We may have indirect treatment relationships with you (such as laboratories that only interact with physicians and not patients), and may have to disclose personal health information for purposes of treatment, payment, or health care operations. These entities are most often not required to obtain patient consent.

You may refuse to consent to the use or disclosure of your personal health information, but this must be in writing. Under this law, we have the right to refuse to treat you should you choose to refuse to disclose your Personal Health Information (PHI). If you choose to give consent in this document, at some future time you may request to refuse all or part of your PHI. You may not revoke actions that have already been taken which relied on this or a previously signed consent.

If you have any objections to this form, please ask to speak with our HIPAA Compliance Officer. You have the right to review our privacy notice, to request restrictions and revoke consent in writing after you have reviewed our privacy notice.

Print Name: \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

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## COMPLIANCE ASSURANCE NOTIFICATION FOR OUR PATIENTS

To Our Valued Patient:

The misuse of Personal Health Information (PHI) has been identified as a national problem causing patients inconvenience, aggravation, and money. We want you to know that all of our employees, managers and doctors continually undergo training so that they may understand and comply with government rules and regulations regarding the Health Insurance Portability and Accountability Act (HIPAA) with particular emphasis on the "Privacy Rule." We strive to achieve the very highest standards of ethics and integrity in performing services for our patients.

It is our policy to properly determine appropriate use of PHI in accordance with the governmental rules, laws and regulations. We want to ensure that our practice never contributes in any way to the growing problem of improper disclosure of PHI. As part of this plan, we have implemented a Compliance Program that we believe will help us prevent any inappropriate use of PHI.

We also know that we are not perfect! Because of this fact, our policy is to listen to our employees and our patients without any thought of penalization if they feel that an event in any way compromises our policy of integrity. More so, we welcome your input regarding any service problem so that we may remedy the situation promptly.

Thank you for being one of our highly valued patients.

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# Developmental Milestones

Date: \_\_\_\_\_ PID: \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_ M / F

## GROSS MOTOR SKILLS

- 4 wks Able to hold head up from the table momentarily
- 3 mths Head and shoulder can be supported by forearms
- 4 mths Infant can be pulled up into sit position by the hands
- 6 mths Sits unsupported in the upright position
- 6 mths Head and shoulders can be supported by the arms
- 6 mths Rolls from a face down to a face up position
- 9 mths Crawls
- 9 mths Stands holding onto furniture
- 11 mths Walks with someone holding onto one hand
- 12 mths Walks unassisted
- 2 years Runs
- 2 years Negotiates stairs placing 2 feet on each step
- 3 years Climbs stairs using one foot on each step
- 4 years Walks downstairs with one foot on each step
- 4 years Hops on one foot

## SOCIAL SKILLS

- 2 mths Smiles
- 3 mths Reaches for familiar objects
- 4 mths Plays with hands
- 6 mths Plays with feet
- 9 mths Clearly shows joy and pleasure
- 12 mths Feeds self with fingers
- 15 mths Plays peek-a-boo
- 18 mths Understands yes and no

**PARENT SIGNATURE:**

\_\_\_\_\_

## FINE MOTOR SKILLS

- At birth Primitive grasp reflex present
- 4 mths Holds & shakes a rattle placed in hand
- 5 mths Grasps objects independently
- 6 mths Moves an object from 1 hand to other
- 6 mths Self-feeding, can hold & eat a cookie
- 6 mths Checks objects by placing them in Mouth
- 12 mths Picks up object w/ thumb & index Finger
- 15 mths Turns 2-3 pages of a book at a time
- 18 mths Turns pages of a book 1 at a time
- 24 mths Builds a tower containing at least 5 blocks
- 4 years Builds a tower containing at least 10 blocks

## COMMUNICATION SKILLS

- 7 wks Makes cooing sounds
- 3 mths Laughs
- 5 mths Uses one syllable words, i.e. "da"
- 8 mths Uses 2 syllable words, i.e. "dada"
- 12 mths Uses 2 – 3 word vocabulary
- 24 mths Uses 2 – 3 word phrases

## ADAPTIVE SKILLS

- 10 mths Feeds from a cup unassisted
- 12 mths Holds own bottle
- 30 mths Feeds self with utensils
- 30 mths Able to identify and match some colors
- 36 mths Copies a circle
- 42 mths Copies a cross